

## Behavioural Risk Factor Survey 2005 (April) - Coding Manual

Variable	Question	Code / Code Description
ID	Case number	-
v3	What is your height without wearing shoes? (cm)	998 Don't know 999 Refuse to answer 7777 Outlier (<100cm or >190cm) / pregnant
v4	What is your weight wearing with simple clothes? (kg)	998 Don't know 999 Refuse to answer 7777 Outlier (<37kg or >120kg) / pregnant
v5	What is your waist circumference? (cm)	998 Don't know 999 Refuse to answer 7777 Outlier (<50cm or >120cm) / pregnant
v6	Does your weight now differ by more than 10 pounds (about 4.5Kg) from your weight one year ago?	1 Yes 2 No 3 Don't know 7777 Outlier (of v3 or v4) / pregnant
v7	Did it increase or decrease?	0 Not applicable (for v6 ≠ 1) 1 Increase 2 Decrease
v8	What do you think about your current weight?	1 Overweight 2 Just right 3 Underweight 998 Don't know 999 Refuse to answer 7777 Outlier (of v3 or v4) / pregnant
v9	During the past 12 months, did you try to do something deliberately to control your weight for example increasing weight, decreasing weight or maintaining weight?	1 Yes 2 No
v10	Was it for increasing weight, losing weight or maintaining weight?	0 Not applicable (for v9 ≠ 1) 1 Losing weight 2 Increasing weight 3 Maintaining weight
v11	Taking the drugs or products including health food for controlling your weight?	0 Not applicable (for v9 ≠ 1) 1 Yes 2 No

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v12	How long had you been taking the drugs or products including health food?	0 Not applicable (for v9 ≠ 1) 1 1-6 days 2 1-3 weeks 3 1 month 4 2-3 months 5 4-5 months 6 6-9 months 7 10-12 months 8 13 months or above 998 Don't know / Not sure
v13	Consulting doctors or dieticians?	0 Not applicable (for v9 ≠ 1) 1 Yes 2 No
v14	How long had you been consulting doctors or dieticians?	0 Not applicable (for v9 ≠ 1) 1 1-6 days 2 1-3 weeks 3 1 month 4 2-3 months 5 4-5 months 6 6-9 months 7 10-12 months 8 13 months or above 998 Don't know / Not sure
v15	Going to weight control or beauty parlours?	0 Not applicable (for v9 ≠ 1) 1 Yes 2 No
v16	How long had you been going to weight control or beauty parlours?	0 Not applicable (for v9 ≠ 1) 1 1-6 days 2 1-3 weeks 3 1 month 4 2-3 months 5 4-5 months 6 6-9 months 7 10-12 months 8 13 months or above 998 Don't know / Not sure
v17	Doing physical exercises?	0 Not applicable (for v9 ≠ 1) 1 Yes

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		2 No
v18	How long had you been doing physical exercises?	0 Not applicable (for v9 ≠ 1) 1 1-6 days 2 1-3 weeks 3 1 month 4 2-3 months 5 4-5 months 6 6-9 months 7 10-12 months 8 13 months or above 998 Don't know / Not sure
v19	Changing dietary habit?	0 Not applicable (for v9 ≠ 1) 1 Yes 2 No
v20	How long had you been changing dietary habit?	0 Not applicable (for v9 ≠ 1) 1 1-6 days 2 1-3 weeks 3 1 month 4 2-3 months 5 4-5 months 6 6-9 months 7 10-12 months 8 13 months or above 998 Don't know / Not sure 999 Refuse to answer
v21	Any other methods?	0 Not applicable (for v9 ≠ 1) 1 Yes 2 No
v22	How long had you been using this method?	0 Not applicable (for v9 ≠ 1) 1 1-6 days 2 1-3 weeks 3 1 month 4 2-3 months 5 4-5 months 6 6-9 months 7 10-12 months 8 13 months or above

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		998 Don't know / Not sure
v23	During the last 7 days, on how many days did you do vigorous physical activities?	0 0 day 1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 998 Don't know / Not sure 999 Refuse to answer
v24	On those days that you have performed vigorous physical activity for at least 10 minutes, how much time on average per day did you usually spend on doing vigorous physical activities? (minutes)	0 Not applicable (for v23=0) 998 Don't know / Not sure 999 Refuse to answer
v25	During the last 7 days, on how many days did you do moderate physical activities?	0 0 day 1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 998 Don't know / Hard to say 999 Refuse to answer
v26	On those days that you have performed moderate physical activity for at least 10 minutes, how much time on average per day did you usually spend on doing moderate physical activities? (minutes)	0 Not applicable (for v25=0) 998 Don't know / Hard to say 999 Refuse to answer
v27	During the last 7 days, on how many days did you walk for at least 10 minutes at a time?	0 0 day 1 1 day 2 2 days

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		3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 998 Don't know / Hard to say 999 Refuse to answer
v28	On those days that you have walked for at least 10 minutes, how much time on average did you usually spend on walking in one of those days? (minutes)	0 Not applicable (for v27=0) 998 Don't know / Hard to say 999 Refuse to answer
v29	During the past 7 days, how much time on average did you usually spend on sitting on a weekday? (minutes)	998 Don't know / Hard to say 999 Refuse to answer
v30	On average, how many days to you drink fruit or vegetable juice each week?	0 None 1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 998 Don't know / Hard to say 999 Refuse to answer 7777 Outlier (>8 cups)
v31	On the day(s) that you have drunk juice, how many cups do you usually drink?	0 Not applicable (for v30=0 or 998) 998 Don't know / Hard to say 999 Refuse to answer 7777 Outlier (>8 cups)
v32	On average, how many days do you eat fruit each week? (not including fruit/vegetable juice)?	0 None 1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days

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		7 7 days 998 Don't know / Hard to say 999 Refuse to answer
v33	How many fruit, on average, did you eat on one of those days?	0 Not applicable (for v32=0 or 998 or 999) 998 Don't know / Hard to say 999 Refuse to answer
v34	On average, how many days do you eat vegetables each week?	0 None 1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 998 Don't know / Hard to say 999 Refuse to answer
v35	How many bowls of vegetables, on average, did you eat on one of those days?	0 Not applicable (for v34=0 or 998) 998 Don't know / Hard to say 999 Refuse to answer
v39	During the last month, have you had at least one alcoholic drink?	1 Yes 2 No
v40	On how many days per week during the last month, on average, did you drink at least one alcoholic drink?	0 Not applicable (for v39 ≠ 1) 1 1 day per week 2 2 days per week 3 3 days per week 4 4 days per week 5 5 days per week 6 6 days per week 7 Daily 8 Less than 1 day per week 998 Don't know / Hard to say 7777 Outlier (> 24 units)
v41	How many standard drinks on average did you drink on those days?	0 Not applicable (for v39 ≠ 1) 998 Don't know / Hard to say 7777 Outlier (> 24 units)
v42	In the last month, did you drink at least 5 glasses or cans of alcohol on	0 Not applicable (for v39 ≠ 1) 1 Yes

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	one occasion?	2 No 7777 Outlier (>24 units)
v43	How many times did you do this in the last month?	0 Not applicable (for v39=1 and v42=2) 1 Once 2 Twice 3 Three times or more 888 Not drink alcohol in the last month (for v39=2 and v42=0) 998 Don't know / Hard to say 7777 Outlier (>24 units)
v44	Have you smoked before?	1 Yes, but not now 2 Yes, and still smoking 3 Never
v45	How long have you abstained from smoking?	0 Not applicable (for v44 ≠ 1) 1 Had abstained for less than 1 month 2 Had abstained for 1 month to 1 year 3 Had abstained for more than 1 year
v46	How many cigarettes do you smoke on average per day?	0 Not applicable (for v44 ≠ 2) 1 Less than 1 cigarette per day now 2 1-10 cigarettes per day now 3 11-20 cigarettes per day now 4 More than 20 cigarettes per day now 998 Don't know / Hard to say
Sex	Record the gender	1 Male 2 Female
v60	What is your age?	999 Refuse to answer
v61	What is your highest educational attainment?	1 Primary or below 2 Had not completed secondary 3 Completed secondary (F5) 4 Matriculation 5 Tertiary (non-degree) / degree or above 999 Refuse to answer
v62	What is your marital status?	1 Never married 2 Married and with child (ren) 3 Married and without child (ren) 4 Divorced or Separated 5 Widowed

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		6 Refuse to answer
v63	Are you currently engaged in a job?	1 Yes 2 No 999 Refuse to answer
v64	What is your occupation?	0 Not applicable (for v63=2) 1 Employers / Managers / Administrator 2 Professional 3 Associate Professional 4 Clerk 5 Service worker 6 Shop sales worker 7 Skilled agricultural / fishery worker 8 Craft and related worker 9 Plant and machine operator and assembler 10 Un-skilled worker 999 Refuse to answer
v65	Are you a ... (if not employed)	0 Not applicable (for v63=1) 1 Student 2 Home-maker 3 Unemployed person 4 Retired person 5 Others 999 Refuse to answer
v66	How much is your monthly personal income including all the income?	0 Not applicable (for v63=2) 1 None 2 \$1-1,999 3 \$2,000-3,999 4 \$4,000-5,999 5 \$6,000-7,999 6 \$8,000-9,999 7 \$10,000-11,999 8 \$12,000-13,999 9 \$14,000-15,999 10 \$16,000-17,999 11 \$18,000-19,999 12 \$20,000-24,999 13 \$25,000-29,999 14 \$30,000-34,999



Variable	Question	Code / Code Description
		15 \$35,000-39,999 16 \$40,000-44,999 17 \$45,000-49,999 18 \$50,000 or above 19 Refuse to answer
v67	How much is your monthly household income including all the income?	1 Less than \$2,000 2 \$2,000-3,999 3 \$4,000-5,999 4 \$6,000-7,999 5 \$8,000-9,999 6 \$10,000-11,999 7 \$12,000-13,999 8 \$14,000-15,999 9 \$16,000-17,999 10 \$18,000-19,999 11 \$20,000-24,999 12 \$25,000-29,999 13 \$30,000-34,999 14 \$35,000-39,999 15 \$40,000-44,999 16 \$45,000-49,999 17 \$50,000-54,999 18 \$55,000-59,999 19 \$60,000 or above 20 Refuse to answer 998 Don't know / Hard to say
Weighting	Weighting applied in the survey	